



Sanjeevanam Ayurveda

Psoriasis – 14N

At Sanjeevanam AyurvedaHospital, the psoriasis treatment program is designed as a deeply personalised and holistic healing journey that goes beyond symptomatic relief to address the root cause of the condition. Rooted in classical Ayurveda, psoriasis is understood as an imbalance of the doshas (Vata, Pitta, and Kapha) and is correlated with conditions such as Kitibha Kushta and Eka Kushta. Each guest begins with a detailed consultation by experienced Vaidyas, followed by a customised 14- or 21- night protocol that integrates detoxification therapies like Panchakarma (including Vamanam, Virechanam, Vasthi, and Raktamoksham), targeted herbal medications, and specialised external treatments to reduce inflammation, itching, and scaling. The program is further strengthened by a therapeutic diet plan, organic satvik nutrition, yoga, and stress- management practices, recognising the strong connection between mental wellbeing and skin health. Set within a serene, resort-like healing environment, Sanjeevanam combines traditional Ayurvedic wisdom with modern diagnostics and supportive therapies to promote skin regeneration, improve immunity, and enable long-term management of psoriasis through sustainable lifestyle transformation.

****** Rates are subject to availability and conversion rates at the time of booking.**



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Psoriasis – 14N

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Single – Euro 1800

Double – Euro 2812

Psoriasis – 21N

Single – Euro 2700

Double – Euro 4218

Package Inclusions:

- 🌿 Accommodation (as per selected room category)
- 🌿 Prescribed Ayurveda treatments
- 🌿 Diet-based therapeutic meals.
- 🌿 Yoga and meditation sessions.
- 🌿 Mild physiotherapy sessions.
- 🌿 Internal Ayurveda medicines during the stay.

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